



Åsa Rockberg

Dancer Choreographer Teacher
Creator of Earthheart Dance ~ mythical dance
based on ancient ritual knowledge of our inherent true nature

Born: 3 November 1964, Östersund, Sweden.

EDUCATION

Body Work Training 1987–2011

Eutony, Spain 1987.

Active Relaxation with Birgitta Rudberg, Sweden 1987.

Yoga training at The Scandinavian School of Yoga and Meditation 1987-1989.

Do In and Tai Chi training with Roland Keijser, Sweden 1989.

My own Yoga- and Relaxation training 1990-2011.

Yoga- and Qigong training at Näsåkers Yoga and Qigong school 2005-2010.

Tai Chi with Erik Keskikanga 2008.

Klein Technique with Karin M Jameson 2011

Dance Training 1989–2011

African dance. Teachers: Lena Nyberg, Maggie Nygård, Stina Schröder, Anna-Lena Tell, Sweden; Kebba Sonko, Gambia; Hassan Bah, Guinea; Alphonse Soumah, Senegal/Paris; Abdoulaje Camara, Guinea; Kweadja, Mozambique; Adama Colley, Senegal.

Oriental dance. Teachers: Bahi Barakat, Egypt; Ann Andersson, Britt-Marie Halvarsson, Nina Svedmark, Nina Pudja, Kay Artle, Ann Larsson, Ulrika Hellqvist Gonzáles, Susanne Petrén Abu Shebika, Marika Samasem, Sweden; Aida Noor, Nadia Hamdi, Magdy & Azza El-Leisy, Liza Laziza, Mahazer, Egypt; Maya Gaorry, Italy.

Flamenco dance. Teacher: Beata Alving, Sweden.

Various other studies: Swedish folkdances, Scottish folkdances, Israeli folkdances, Kurdish folkdances, dances of the American and Australian First People, Dances from Sri Lanka, South Korea, Thailand and India.

Modern dance training with Juan Techera, Uruguay, and several workshops with other leaders, e.g. Norrdans.

Contact improvisation. Several workshops.

Therapeutic Training 1990–1998

Body-therapist training Rosen Method, Bodywork and Movement. The Axelson Institute, Sweden. 1990–1993

Gestalt therapy training with Krister Björklund and Rani Reissmuller, Sweden. 1992–1993

Various other courses involving body-, movement- and dance therapies. 1994–1998

Leadership Training 1998–2010

Essential Motion Leadership training with Karen Roeper; Creator of Essential Motion - California, U.S.A. 1998–2002. Certified in 2002.

Further training courses in EM with Karen Roeper 2005, 2006, 2008, 2011.

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Dancer, Choreographer, Teacher

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Story telling and Ritual dance leader training with the Actor and Reverend Brita Haugen, Vestjyllands Hojskole - Denmark. 2002–2004 Certified in 2004.

Further training courses in Ritual Dance with Brita Haugen 2006, 2008, 2010.

Song Training 1980–2011

Singing classes. Teachers: Christina Eketorp, Anna Aronson, Ingrid Eriksson, Britta Røjås, Lena Klarström, Monica Sperens, Anna Larsson, Ulrika Bodén, Agneta Stolpe, Marie Sundelin, Sweden. Also experience of singing in several choirs.

EXPERIENCE

Teaching Earthheart Dance 1991–2011

Based on her knowledge of these varied styles of body awareness, self-expression, improvisation, dancing, singing and story telling, Åsa created Earthheart Dance with emphasis on experiencing the magic of Nature and expressing our deepest emotions. Since then, she has taught numerous groups of adults, adolescents, children and disabled persons. Earthheart Dance provides an opportunity for people to discover their own stories and movements encourages their self-expression and improves their self-esteem.

Åsa has had a large variety of assignments. Her clients include churches, municipalities, county councils, theatrical societies, cultural festivals, schools, education associations, private companies, county executive boards, trade councils, conference-, leisure- and tourist centres.

In 2007 a Dance & Instructor Program commenced at Earthheart Centre in Näsaker, Sweden. In 2009 8 students graduated from the 2-years Basic Course of the Education, in 2011 9 more were graduated from the Basic Course and 4 students passed the Diploma Course and got their Certification as Earthheart Dancers and Instructors. The Centre also hosts continuous dance workshops for children, teenagers and adults. In 2009 the activities at the Center extended to include Earthheart Acrobatics activities lead by the New Circus and Earthheart educated acrobat Manuel Bojén. In 2011 and 2012 the teaching of Earthheart Dance extended to Norway and Germany.

Performances & Choreography 1997–2011

Since 1997 Åsa has toured with solo- and cast performances throughout Sweden. She has started up the dance company Elementa and choreographed six opening and closing ceremonies at major cultural and sporting events, involving 25 to 75 people on stage. In 2000, she performed in Mississippi, USA, representing Swedish culture. The themes of her performances are taken from Nature and various mythologies, which act as mirrors for people living in the modern world.

Åsa has choreographed all her performances and has created, produced and performed in most of them. As performing art Earthheart is recognized from the authentic emotional expression and the presence of the artist.

In 2007-2011 Åsa Rockberg has mostly been touring in churches with the solo performances *Mary Magdalene – a role model* and *The Circle of Life*. She has been in festivals with *Earthheart fire dance* and *Spirits of Nature* and since 2008 she has been on World Music scenes in Sweden, Norway and Germany with the *Body Yoik* together with the Yoik artist Áillos. In 2010 and 2011 she has also choreographed dance acrobatic performances with Manuel Bojén.

Dance film 2011

In 2011 a co-operation to create the animation and dance film *Sealskin* started together with Latvian, German and Norwegian artists. Åsa is the choreographer, dancer and actor in the project.

SOLO PRODUCTIONS DANCE

- 2011 *The Circle of Life – new version* Choreographer/dancer
- 2008 *Yoik & Body Yoik - Áillos & Ása* Choreographer/dancer
Earthheart Fire Dance Choreographer/dancer
In the centre of the circle Choreographer/dancer
- 2007 *Mary Magdalene—a role model* Choreographer/dancer
- 2005 *The Harbourn of Light* Choreographer/dancer
- 2003 *The Circle of Life* Choreographer/dancer
- 2000 *Spirits of Nature: Mistress of the Wood and the Lake and
 Spellbound* Choreographer/dancer
- 1999 *Maria - The White, Red & Blue Madonna* a co-production with singer Ingrid Grahm,
 Sweden. Choreographer/dancer
Breaking Through the Barriers Choreographer/dancer
- 1998 *Gloria - A Celebration of Life* accompanied by Orsa Music Ensemble and Choir, Sweden.
 Choreographer/dancer
- 1997 *Death and Life* Choreographer/dancer

SOLO PRODUCTIONS ACROBATICS

- 2011 *The Birth* Choreographer
 Dance & Acrobatics: Manuel Bojén
- 2010 *The Child Within, The Life Sparkle* Choreographer
 Dance & Acrobatics: Manuel Bojén

DUO PRODUCTIONS DANCE & ACROBATICS

- 2010 *Younity* Choreographer/dancer
- 2009 *From East to West* Choreographer/dancer
- 2009 *I Love You* Choreographer/dancer

CAST PRODUCTIONS

- 2010 *Sun concert* FolkBaltica festival Germany Choreographer/dancer
- 2009 *The Fire Dance* For the high school art students final show Choreographer
- 2008 *Attraction* Choreographer/dancer/producer
- 2007 *Love light in the darkness* Choreographer/dancer
- 2006 *A Midwinter Night's Dream* Choreographer/dancer
- 2005 *Fire Night – Tell us, Tell us!* Choreographer/dancer/co-producer
 Opening ceremony at Urkult World Music Festival
Warriors of the Heart Choreographer/dancer/co-producer
 Opening ceremony Swedish Football Championship for disabled people
Solar cycles - Ice and Fire Choreographer/dancer
- 2004 *Fire Night* Opening ceremony Urkult World Music Festival
 Choreographer/dancer/co producer
Solar cycles Choreographer/dancer
- 2003 *Crossouls* Choreographer

- 2001 *In the Forest of the Crone* Choreographer/dancer
Opening Ceremony Swedish Biathlon Championship
Closing Ceremony European Winter Sport Championship for disabled people
- 2000 *Fire Night* Opening ceremony Urkult World Music Festival Choreographer/dancer/co-producer
The Four Elements Choreographer
Falling Frost Choreographer
- 1997 *The Four Seasons* Choreographer/dancer/co-producer

CHILDREN'S PRODUCTIONS

- 2009 *Fairies & Trolls* Choreographer
- 2008 *Chess* Choreographer
A Love Story from the Orient Choreographer
In the depths of the sea Choreographer
The Elements of the kids – The Earth dance, The Water dance, The Fire Dance Choreographer
- 2007 *Angels and Beasts* Choreographer
Svea and the End of Hostilities Choreographer
I am a Child and I am Beautiful! Choreographer
In my Mind... Choreographer
- 2006 *Dancing the Light* Choreographer
Neverland Choreographer

DANCE THEATRE PRODUCTIONS

- 2006 *Lucky bird, The Mouse and the Lion*
Children's productions, directed and produced by Fia Berggren, Sweden.
Choreographer
- 1999-2002 *Mussel Maiden, The Companion, Northern Legends, The Pearl Fisher's daughter*
Co-productions for adults with storyteller Ann Järneström, Sweden.
Choreographer/dancer
- 1997 *Born Free* Youth production, directed and produced by Fia Berggren, Sweden
Choreographer
- 1992 *Life is a Dance* For adults and teenagers, directed and produced by Margery Mason, England. Choreographer/dancer/actor

Scenes and events in a selection where Åsa and her choreographies have performed

1997-2012:

International

Madison County Cultural Centre Mississippi USA

Swedish American Business Congress Jackson Mississippi USA

FolkBALTICA Germany

Folkelarm Norway

Norwegian Folk Music Awards

Riddu Riddut Norway

Employment NOW Scotland

Cultural events & Festivals Sweden

Peace & Love

Blå Stället Göteborg

Jazzclub Fashing

ICEHOTEL Jukkasjärvi

Sametinget Kiruna

Urkultfestivalen

Kista Världsmusikfestival

Sundsvalls Gatufest

Vildrosfestivalen

Luleå Kulturnatta

Umeå Kulturnatta

Södertälje Kulturnatta

Mittnordiska Kulturdagar

Murberget Läns museet Västernorrland

Sundsvalls Museum

Kulturmagasinet Sundsvall

Kulturtinget Västernorrland

Älvsjö mässan

Sports events

Vasaloppet

Paralympic World Winter Cup

Wintergames - EM i vintersport

SM i Skidskytte

JVM i Skidskytte

SM i fotboll för funktionsnedsatta

Järnforan

Churches & Dioces

Maria Magdalena församling

St Ansgars kyrka Sigtuna

Sollentuna församling, Turebergs distrikt

Maria församling Helsingborg

Lunds stift

Maria församling Växjö

Västerås stift

Härnösands Domkyrkoförsamling

Gustav Adolfs församling Sundsvall

Luleå Domkyrkoförsamling

Östersunds församling

TV programs

SVT Go'Kväll (2003)

SVT Gudstjänst Helgmålsringning (2011)

Mittnytt 2001

TV 4 Sundsvall 2000

Radio programs

Folke P2 (Áillos & Åsa 2009)

Radio Västernorrland (2000, 2005, 2008)

Clients in a selection where Åsa has been teaching 1991-2012:

International:

Grundstein Neukirchen, Germany
 FolkBALTICA Germany
 Positiv Hverdag, Norway
 Vestjyllands Højskole Denmark
 Madison County Cultural Centre Mississippi USA

Sweden:

Musik i Västernorrland
 Musik Direkt
 Ung Kultur Möts
 Svenska Konstföreningars Riksförbund
 Sandö Internationella center
 Mitthögskolan
 Sigtuna Folkhögskola
 Härnösands Folkhögskola
 Hola Folkhögskola
 Kulturskolan Sollefteå
 Estetprogrammet Sollefteå
 Health Departments & County Councils in Västernorrland and Jämtland
 Vårdförbundet Västernorrland
 Vårdförbundet Jämtland
 Österåsens Hälsohem
 Ett Helt Liv Karlskrona
 Municipalities in Västernorrland, Jämtland and Västerbotten
 Elementary Schools in Västernorrland

Own activity as a Teacher:

A Dance & Instructor Program was arranged in Earthheart Center 2007-2011
 Dance courses for adults was arranged in Earthheart Center 1991-2011
 Dance classes for youth was arranged in Earthheart Center 1999-2003
 Dance classes for children and youth was arranged in Earthheart Center 2006-2011

Scholarships:

Nordic Culture Point – Kulturkontakt Nord (2011)
 Sami Daiddaraddi - Samisk Kunstnerråd Norway (2008, 2009)
 Sapmi Music Norway (2008)
 Länsstyrelsen Västernorrland (2006)
 Landstinget Västernorrland (2003, 2006)
 Regional Utveckling Västernorrland (2007, 2008, 2009, 2010, 2011, 2012)
 Sollefteå Kommuns Kulturnämnd (2003, 2005, 2006, 2007, 2008)

Musicians Åsa has co-operated with as an artist and choreographer:

Amina Annabi France, Áilloš – Ingor Ántte Áilu Gaup Norway, Trio Smite Karkle Cinkuss Latvia, Kalosch – Roland Keiser, Crane Dance – Jonas Simonsson, Mats Edén & Mattias Pérez, Ulrika Bodén, Tetra – Maria Stellas, Sanna Källman, Anna Ottertun & Ingrid Brännström, Lars-Henrik Blind, Lamine Cissokho, Giddabush, Babajaga, Rostam Mirlashari, Pernilla Sundin, Peter Bruun, Bonus Diallo, Stefan Sorey, Mikael Öberg, Björnola Lind, Ingrid Grahm, Anneli Björklund, Inghilda Tapio, Laurel Wakeman.

Storytellers and director she has co-operated with: Ann Järneström, Pia Fries, Fia Berggren.